

LHFJ Fast Growth Event Ad Copy

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Friends - Is it time to take charge of your personal well-being? These **FREE Growth Cards** will guide you in breaking destructive habits, strengthen the backbone of who you are, and help you more effectively show love, grace, and patience to others? And guess what else, these **Growth Cards** are **FREE today!**

Download the Five Days of Growth Cards today.

Check it out...

Most of us already know that to have the capacity to show love and care to others, we must first show love and care to ourselves. But what does that mean exactly?

Well, when we can love and care for ourselves well, our relationships with those around us begins to positively transform. This is because when take time for self-evaluation and personal growth, we strengthen the backbone of who we are. This enables us to show others love more effectively and in ways we couldn't before.

Okay, so how do I prioritize myself?

The **Five Days of Growth Cards** are filled with self-evaluation, personal growth, breaking destructive habits, and strengthening the backbone of who you are. Discover life-changing encouragement, and inspiration through the words on these cards.

And the best part is that they are **absolutely FREE!**

Five Days of Growth Cards is a compilation of five sets of beautifully designed 5x7 cards filled with inspiration as you journey through your day. They include:

- A Focus Topic for the Day
- Two Daily Affirmations
- A short reading on the topic
- Between 1-3 Daily Action Steps
- Two Journal Prompts
- A unique Design Image and Design Elements

So what are you waiting for? Click the link to get your **FREE** **Five Days of Growth Cards** and start prioritizing yourself today.

Headline:

Strengthen the backbone of who you are
Take Charge of your personal well-being

Description:

FREE 5-Days of Personal Growth & Affirmation Cards